

RunningDay Eschenbach

15.04.2023



Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Hauptstrecke 10.4 km							
Frauen W20							
1.	1385	Anja Koller	1996	JTRI, TV Oerlikon		41:00.2	--
			7:18.1 (1.)	18:42.3 (1.)	31:23.8 (1.)		
2.	1100	Nicole Dürst	2001	Sport Trend Shop Running Team		44:49.5	+3:49.3
			8:09.2 (2.)	20:23.9 (2.)	34:10.4 (2.)		
3.	1354	Leonie Zwingli	2006	LR Mosnang		48:49.5	+7:49.3
			8:55.0 (3.)	22:00.0 (3.)	37:08.2 (3.)		
4.	1277	Laura Schnetzer	2006	LR Mosnang		50:48.1	+9:47.9
			9:22.7 (4.)	23:07.4 (4.)	39:02.7 (4.)		
5.	1303	Seraina Studler	1999	Laufträff Rapperswil-Jona		54:44.1	+13:43.9
			9:49.8 (6.)	24:34.6 (5.)	41:48.1 (5.)		
6.	1057	Angela Baumeler	1996	Rapperswil		54:50.9	+13:50.7
			11:05.2 (7.)	25:26.8 (7.)	41:58.9 (6.)		
7.	1406	Tanja Baumgartner	2002	Black Barons Wil		55:49.4	+14:49.2
			9:38.8 (5.)	25:12.9 (6.)	42:28.4 (7.)		
8.	1388	Janina Hager	2009	Kuster Sport		1:04:44.0	+23:43.8
			11:34.6 (8.)	28:27.6 (8.)	49:32.2 (8.)		
9.	1184	Leonie Kümin	1994	Rapperswil SG		1:10:12.6	+29:12.4
			13:06.5 (9.)	32:18.9 (9.)	54:10.0 (9.)		
Männer M20							
1.	1382	Jonas Gübeli	2001	LC Uster		36:17.7	--
			6:35.8 (1.)	16:43.9 (1.)	27:47.4 (1.)		
2.	1191	Lorin Länzlinger	2006	LR Mosnang		37:30.8	+1:13.1
			6:59.0 (2.)	17:02.6 (2.)	28:25.1 (2.)		
3.	1109	Maurin Franck	1998	LR Mosnang		39:48.1	+3:30.4
			7:11.2 (3.)	18:15.1 (3.)	30:40.2 (3.)		
4.	1090	Josua Bürki	2001	JTRI		40:56.5	+4:38.8
			8:01.9 (4.)	19:27.3 (4.)	31:45.6 (4.)		
5.	1153	Maxim Huber	2001	Uetliburg SG		47:48.9	+11:31.2
			8:04.9 (5.)	21:38.7 (5.)	36:38.9 (5.)		
6.	1059	Raphael Baumeler	1995	Rapperswil		50:52.6	+14:34.9
			9:47.5 (7.)	23:49.0 (6.)	39:16.0 (6.)		
7.	1278	Stefan Schnider	1994	Opfikon		53:25.1	+17:07.4
			10:50.6 (8.)	25:37.2 (8.)	41:22.4 (7.)		
8.	1130	Demian Gübeli	2007	Goldingen		55:46.4	+19:28.7
			9:28.2 (6.)	25:13.8 (7.)	42:23.6 (8.)		
9.	1064	Thierry Benz	1999	Mönchaltorf		1:19:08.6	+42:50.9
			13:59.4 (9.)	35:32.1 (9.)	1:00:45.7 (9.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W30							
1.	1400	Nina Kreisherr	1984	LC Uzwil		43:21.6	--
			8:03.6 (1.)	19:55.0 (1.)	33:08.1 (1.)		
2.	1338	Salome Wildermuth	1990	Wald		43:39.5	+17.9
			8:11.5 (2.)	20:11.2 (2.)	33:25.6 (2.)		
3.	1140	Barbara Hager	1985	Kuster Sport / LG Benken		44:34.6	+1:13.0
			8:13.8 (3.)	20:37.5 (3.)	34:09.2 (3.)		
4.	1103	Malin Ekdahl	1987	smrun		51:04.2	+7:42.6
			9:32.9 (4.)	23:18.1 (4.)	39:05.1 (4.)		
5.	1211	Aline Meili	1992	TRIZO		51:22.8	+8:01.2
			10:20.6 (6.)	24:02.9 (5.)	39:22.8 (5.)		
6.	1393	Jasmin Meier	1993	LR Mosnang		52:12.1	+8:50.5
			9:57.3 (5.)	24:10.0 (6.)	40:17.7 (6.)		
7.	1298	Stephanie Straub	1984	LC Uzwil		54:52.0	+11:30.4
			10:40.4 (8.)	25:36.8 (8.)	42:17.9 (7.)		
8.	1399	Anna Theobald	1986	Kloten		55:01.8	+11:40.2
			10:32.6 (7.)	25:29.4 (7.)	42:21.5 (8.)		
9.	1287	Shihaam Smith	1987	Jona		56:16.6	+12:55.0
			10:58.9 (10.)	25:51.5 (9.)	43:06.2 (9.)		
10.	1112	Corinne Frischknecht	1988	LC Uzwil		56:58.3	+13:36.7
			11:11.9 (12.)	26:35.5 (10.)	43:59.6 (10.)		
11.	1111	Nicole Freitag	1985	Eschenbach		59:03.4	+15:41.8
			10:42.0 (9.)	26:52.4 (11.)	45:17.3 (11.)		
12.	1243	Priska Raschle	1992	LSC Wil		59:56.7	+16:35.1
			11:31.4 (13.)	27:48.0 (12.)	46:04.8 (12.)		
13.	1066	Conny Bircher	1985	Zwillikon		1:03:07.3	+19:45.7
			11:00.0 (11.)	28:10.1 (13.)	48:20.0 (13.)		
14.	1219	Fahrije Morina	1986	CA PORTUGAIS FRIBOURG / smrun		1:06:59.9	+23:38.3
			11:41.9 (14.)	29:55.9 (14.)	50:46.1 (14.)		
15.	1071	Angela Boos	1985	Zürich		1:12:27.6	+29:06.0
			13:00.9 (15.)	31:47.1 (15.)	55:50.3 (15.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Männer M30							
1.	1080	T-Roy Brown	1992	STB		33:17.6	--
			6:09.3 (1.)	15:16.5 (1.)	25:30.7 (1.)		
2.	1107	Armin Flückiger	1990	SC Diemberg		34:51.7	+1:34.1
			6:26.3 (2.)	16:02.3 (2.)	26:43.3 (2.)		
3.	1164	Andreas Kälin	1991	gantrischbike.ch		36:51.9	+3:34.3
			6:57.6 (3.)	17:02.3 (3.)	28:12.6 (3.)		
4.	1390	Fadri Steiner	1984	SC Speer		37:46.5	+4:28.9
			6:59.4 (4.)	17:16.3 (4.)	28:59.8 (4.)		
5.	1104	Patrick Fässler	1991	Läuferriege Mosnang		38:48.3	+5:30.7
			7:21.8 (5.)	17:58.5 (5.)	29:40.2 (5.)		
6.	1202	Mike Lüthi	1987	LC Uster, TV Bäretswil		39:51.8	+6:34.2
			7:43.6 (7.)	18:51.6 (7.)	30:53.9 (6.)		
7.	1251	Fabian Risler	1984	Au ZH		40:46.0	+7:28.4
			7:28.4 (6.)	18:32.6 (6.)	31:03.0 (7.)		
8.	1305	Jonathan Suler	1992	Fischenthal		42:49.4	+9:31.8
			8:09.0 (9.)	19:52.1 (9.)	32:54.8 (8.)		
9.	1306	Edgar Suter	1990	Goldau		43:17.9	+10:00.3
			8:31.0 (14.)	20:00.0 (10.)	33:13.6 (9.)		
10.	1049	Fedor Arndt	1987	Marbach		43:42.8	+10:25.2
			8:21.3 (12.)	20:15.5 (11.)	33:34.3 (10.)		
11.	1131	Dominic Gübeli	1991	Zürich		44:55.5	+11:37.9
			7:52.8 (8.)	19:48.7 (8.)	33:56.7 (11.)		
12.	1157	Stefan Huser	1986	BMR-Storen AG		45:26.2	+12:08.6
			8:29.0 (13.)	21:03.3 (14.)	34:47.7 (13.)		
13.	1149	Patrick Hess	1984	LG Glarus / Crazy Turtles Rapperswil		45:48.1	+12:30.5
			8:16.3 (11.)	20:37.7 (12.)	34:44.9 (12.)		
14.	1186	Philipp Künzle	1985	Oberholzer Bauleistungen AG		46:00.3	+12:42.7
			8:12.7 (10.)	21:01.8 (13.)	35:10.7 (14.)		
15.	1257	Michael Rüegg	1990	LR Mosnang		50:23.1	+17:05.5
			9:26.7 (15.)	23:07.0 (15.)	38:36.0 (15.)		
16.	1366	Daniel Luchsinger	1986	Schänis		52:51.7	+19:34.1
			10:14.8 (16.)	24:30.7 (16.)	40:21.3 (16.)		
17.	1102	Damian Egli	1984	Wetzikon		53:47.5	+20:29.9
			10:33.0 (17.)	25:13.6 (17.)	41:39.4 (17.)		
18.	1050	Marc Bähler	1984	Förderverein für Kinder mit seltenen		54:35.2	+21:17.6
			10:42.0 (18.)	25:24.9 (18.)	42:04.8 (18.)		
19.	1235	Christoph Pfeifer	1987	Wald		1:03:00.4	+29:42.8
			11:37.6 (19.)	29:08.4 (19.)	48:46.8 (19.)		
20.	1253	Beat Rohner	1987	Zürich		1:12:27.7	+39:10.1
			13:00.5 (20.)	31:46.3 (20.)	55:50.4 (20.)		

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			2 km	4.8 km	7.9 km		
Frauen W40							
1.	1173	Nadja Kessler	1980	Lauftrüff Rapperswil-Jona	41:04.4	--	
			7:53.2 (1.)	19:08.0 (1.)	31:33.1 (1.)		
2.	1177	Patrizia Knuchel	1978	TSV Galgenen	42:52.9	+1:48.5	
			7:55.7 (2.)	19:28.4 (2.)	32:40.3 (2.)		
3.	1212	Claudia Meili	1978	SC Diemberg /smrun	43:59.5	+2:55.1	
			7:58.4 (3.)	20:00.1 (3.)	33:31.4 (3.)		
4.	1203	Morgado Madalena	1978	CA PORTUGAIS FRIBOURG / smrun	44:23.1	+3:18.7	
			8:05.7 (4.)	20:18.3 (4.)	34:10.0 (4.)		
5.	1336	Evelyne Wiederkehr	1978	JTRI	47:53.9	+6:49.5	
			8:50.2 (5.)	21:58.3 (5.)	36:40.0 (5.)		
6.	1155	Luzia Hunziker	1982	LSC Wil	48:23.8	+7:19.4	
			9:38.4 (8.)	23:01.5 (7.)	37:32.0 (6.)		
7.	1296	Marianne Steiner	1974	Kuster Sport / Joggertrüff Pfäffikon	49:53.8	+8:49.4	
			9:34.1 (7.)	22:59.7 (6.)	38:07.8 (7.)		
8.	1316	Claudia Truniger	1977	LR Mosnang	50:29.1	+9:24.7	
			9:57.5 (9.)	23:46.8 (8.)	38:58.3 (8.)		
9.	1276	Martina Schmucki	1976	St. Gallen	51:33.1	+10:28.7	
			10:23.6 (13.)	24:14.6 (9.)	39:57.7 (9.)		
10.	1343	Simone Wolfer	1981	Rüti	53:05.2	+12:00.8	
			10:51.8 (16.)	25:21.1 (14.)	41:15.0 (13.)		
11.	1126	Ronja Gmür	1976	Kreuzegg Classic	53:15.5	+12:11.1	
			10:15.0 (12.)	24:52.2 (12.)	40:54.6 (11.)		
12.	1170	Myriam Keller	1982	LT Rappi-Jona	53:20.0	+12:15.6	
			10:09.6 (11.)	24:29.6 (10.)	40:49.7 (10.)		
14.	1144	Andrea Hautmann	1979	SC Diemberg /smrun	53:51.0	+12:46.6	
			10:02.8 (10.)	24:37.8 (11.)	41:13.2 (12.)		
15.	1180	Susanne Koller	1975	smrun	54:23.5	+13:19.1	
			10:25.9 (14.)	25:11.6 (13.)	41:37.2 (14.)		
16.	1300	Carol Strohmeier	1978	Eschenbach	55:07.1	+14:02.7	
			10:56.2 (18.)	25:28.2 (15.)	42:09.0 (15.)		
17.	1137	Daniela Gut	1983	LC Uzwil	56:10.9	+15:06.5	
			11:11.4 (20.)	26:27.2 (16.)	43:18.0 (16.)		
18.	1224	Karin Müller	1976	LC Uzwil	57:14.4	+16:10.0	
			11:15.1 (21.)	26:57.9 (20.)	44:17.7 (17.)		
19.	1136	Tanja Guler	1981	LSC Wil	58:05.9	+17:01.5	
			10:51.8 (16.)	26:29.3 (17.)	44:31.6 (18.)		
20.	1297	Luzia Stöckli	1974	smrun	58:26.4	+17:22.0	
			11:01.2 (19.)	26:49.7 (19.)	44:34.8 (19.)		
21.	1228	Beatrice Neff	1974	MegaJoule / smrun	58:45.6	+17:41.2	
			10:48.2 (15.)	26:31.5 (18.)	45:05.3 (20.)		
22.	1142	Franziska Hasler	1974	LSC Wil	59:18.5	+18:14.1	
			11:31.6 (24.)	27:26.4 (22.)	45:33.4 (22.)		
23.	1339	Regula Wind	1975	Luzern	59:29.2	+18:24.8	
			11:15.3 (22.)	27:19.5 (21.)	45:32.5 (21.)		
24.	1252	Myriam Risler	1981	Au ZH	59:56.4	+18:52.0	
			11:19.1 (23.)	27:37.2 (23.)	46:13.2 (23.)		
25.	1230	Paulina Niedermann	1981	Horgen	1:04:57.7	+23:53.3	
			12:29.9 (26.)	29:54.8 (24.)	49:49.6 (24.)		

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			2 km	4.8 km	7.9 km		
26.	1063	Renate Beniczky	13:04.8 (28.)	31:09.3 (26.)	50:31.1 (25.)	1:04:59.7	+23:55.3
27.	1172	Georgina Keogh	12:22.9 (25.)	30:16.1 (25.)	51:26.4 (26.)	1:07:35.0	+26:30.6
28.	1365	Tabitha de Marco	13:05.4 (29.)	31:18.0 (27.)	52:16.5 (27.)	1:08:37.7	+27:33.3
29.	1097	Daniela Pérez	12:58.3 (27.)	33:54.9 (28.)	57:26.2 (28.)	1:15:20.8	+34:16.4

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			2 km	4.8 km	7.9 km		
Männer M40							
1.	1250	Stefan Richle	1983	Wattwil		34:37.9	--
			6:30.4 (1.)	15:58.8 (1.)	26:32.6 (1.)		
2.	1079	Adrian Brennwald	1975	Aeugst a.A		36:56.1	+2:18.2
			6:58.8 (4.)	17:01.7 (3.)	28:13.2 (2.)		
3.	1207	Stefan Marty	1979	smrun , eroxswiss , cresco		37:21.7	+2:43.8
			6:58.7 (3.)	17:00.5 (2.)	28:30.3 (3.)		
4.	1383	Andreas Zeder	1978	LR Beromünster		38:06.0	+3:28.1
			6:58.2 (2.)	17:15.9 (4.)	28:59.9 (4.)		
5.	1148	Vicente Herrera	1977	Correcaminos/smrun		39:50.4	+5:12.5
			7:33.2 (7.)	18:31.5 (6.)	30:40.6 (5.)		
6.	1281	Pascal Schudel	1983	derSportShop.ch		40:08.4	+5:30.5
			7:28.0 (5.)	18:30.8 (5.)	30:44.4 (6.)		
7.	1175	Julian Kläser	1982	Herrliberg		40:39.5	+6:01.6
			7:35.2 (9.)	18:46.7 (7.)	31:15.0 (7.)		
8.	1372	Mario Studer	1980	Jona		40:53.8	+6:15.9
			7:34.9 (8.)	18:48.4 (8.)	31:17.8 (8.)		
9.	1081	Michele Brugnatti	1982	swiss masters running		41:20.1	+6:42.2
			7:29.3 (6.)	18:53.5 (9.)	31:30.3 (9.)		
10.	1087	Roger Buner	1975	Walenstadt		41:56.3	+7:18.4
			7:40.9 (10.)	18:59.6 (10.)	31:56.1 (10.)		
11.	1156	Sven Hunziker	1983	LSC Wil		41:59.5	+7:21.6
			7:59.9 (11.)	19:26.8 (11.)	32:07.1 (11.)		
12.	1326	Lucas Vonlanthen	1981	Atzeni Race		42:30.9	+7:53.0
			8:14.5 (15.)	19:59.5 (13.)	32:41.5 (13.)		
13.	1168	Marco Keller	1982	LT Rappi-Jona		42:35.8	+7:57.9
			8:03.0 (12.)	19:39.7 (12.)	32:35.6 (12.)		
14.	1248	Cornel Rentzmann	1977	LSC Wil		42:44.7	+8:06.8
			8:19.9 (18.)	20:00.6 (14.)	33:00.9 (15.)		
15.	1387	Guido Fäh	1974	Bikeperfection		43:05.0	+8:27.1
			8:22.3 (21.)	20:04.4 (15.)	32:58.1 (14.)		
16.	1241	Marcel Preisig	1983	Wetzikon		43:07.7	+8:29.8
			8:12.5 (14.)	20:05.7 (16.)	33:04.8 (16.)		
17.	1044	Adrian Aebischer	1974	CA PORTUGAIS FRIBOURG / smrun		43:20.7	+8:42.8
			8:06.1 (13.)	20:07.4 (17.)	33:09.8 (17.)		
18.	1342	Michael Wolf	1976	Sirnach		44:19.7	+9:41.8
			8:44.8 (28.)	20:43.9 (19.)	34:02.2 (18.)		
19.	1376	Peter Knuchel	1978	TSV Galgenen		45:14.6	+10:36.7
			8:35.7 (24.)	20:55.9 (22.)	34:42.2 (19.)		
20.	1379	Roman Scherrer	1976	KTV Bütschwil		45:17.9	+10:40.0
			8:18.2 (16.)	20:50.8 (21.)	34:46.3 (20.)		
21.	1405	Michael Blöchliger	1977	LC Uster		45:49.7	+11:11.8
			8:21.4 (19.)	20:41.0 (18.)	34:53.0 (21.)		
22.	1357	Andreas Walker	1982	OK Sihlseeauf Einsiedeln		45:52.1	+11:14.2
			8:28.6 (23.)	20:50.3 (20.)	34:58.4 (22.)		
23.	1332	Markus Wettstein	1983	smrun LC Uster		46:11.4	+11:33.5
			8:21.8 (20.)	21:03.1 (23.)	35:19.1 (23.)		
24.	1295	Bruno Steiner	1978	STV Kaltbrunn		46:29.6	+11:51.7
			8:55.2 (29.)	21:40.3 (26.)	35:46.7 (24.)		

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			2 km	4.8 km	7.9 km		
25.	1068	Markus Blum	1975	smrun		47:18.9	+12:41.0
			8:38.5 (25.)	21:31.9 (24.)	36:02.1 (25.)		
26.	1179	Manuel Koller	1981	LC Uzwil		47:52.5	+13:14.6
			8:57.1 (30.)	21:47.5 (28.)	36:32.8 (26.)		
27.	1185	Stefan Kummer	1982	smrun		48:14.2	+13:36.3
			8:26.6 (22.)	21:37.3 (25.)	36:35.1 (27.)		
28.	1135	Daniel Gugerli	1982	Rapperswil		48:19.1	+13:41.2
			9:23.6 (32.)	22:24.8 (30.)	37:06.1 (30.)		
29.	1410	Stefan Frey	1976	Flawil		48:20.1	+13:42.2
			8:39.1 (26.)	22:01.7 (29.)	36:48.6 (28.)		
30.	1369	Stefan Trüssel	1974	Uster		48:31.8	+13:53.9
			8:39.8 (27.)	21:43.7 (27.)	36:52.7 (29.)		
31.	1105	Dominik Fink	1974	LSC Wil		49:10.6	+14:32.7
			9:37.3 (33.)	23:02.3 (31.)	37:54.1 (31.)		
32.	1133	Pascal Gübeli	1974	Trainierbar		50:44.8	+16:06.9
			9:21.4 (31.)	23:20.3 (32.)	38:44.7 (32.)		
33.	1145	Adrian Hefti	1977	Eschenbach		52:29.9	+17:52.0
			10:56.6 (37.)	25:09.1 (33.)	40:34.1 (33.)		
34.	1206	Valentin Marolf	1975	laufsport.ch		54:28.1	+19:50.2
			10:13.7 (34.)	25:12.5 (34.)	42:13.9 (34.)		
35.	1217	Martin Mock	1981	Tuggen		55:04.7	+20:26.8
			10:32.6 (35.)	25:30.7 (35.)	42:21.4 (35.)		
36.	1283	Bruno Sekinger	1978	smrun		55:17.4	+20:39.5
			11:01.7 (38.)	26:06.7 (37.)	42:49.1 (36.)		
37.	1341	Andreas Wisler	1975	Erdinger Active Team / sm run		55:53.9	+21:16.0
			10:33.1 (36.)	25:52.3 (36.)	42:55.8 (37.)		
38.	1198	Christoph Lüke	1974	Gutenswil		59:01.9	+24:24.0
			11:06.2 (39.)	27:09.9 (38.)	45:06.4 (38.)		
39.	1121	Mischa Gebert	1982	LSC Wil / Megajoule		59:17.8	+24:39.9
			11:31.0 (40.)	27:26.7 (39.)	45:33.5 (39.)		
40.	1196	Michele Leuenberger	1974	swiss masters running		59:29.9	+24:52.0
			11:41.4 (41.)	28:05.0 (40.)	45:49.1 (40.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W50							
1.	1284	Luzia Sestito	1969	sitzstudio.ch		46:06.7	--
			8:47.0 (2.)	21:14.1 (1.)	35:08.7 (1.)		
2.	1218	Stéphanie Monney	1970	CAG Farvagny/smrun		46:41.1	+34.4
			8:40.4 (1.)	21:20.7 (2.)	35:43.1 (2.)		
3.	1240	Christina Polinelli	1969	smrun		48:02.9	+1:56.2
			9:04.8 (3.)	22:09.3 (3.)	36:43.2 (3.)		
4.	1361	Mireille Mock	1971	Wetzikon		50:51.3	+4:44.6
			9:42.7 (4.)	23:40.7 (4.)	38:59.4 (4.)		
5.	1327	Irma Walder	1969	LR Mosnang		53:12.2	+7:05.5
			10:03.4 (5.)	24:27.2 (5.)	40:54.3 (5.)		
6.	1060	Hedi Baumgartner	1969	LR Mosnang		55:38.3	+9:31.6
			10:28.9 (7.)	25:27.9 (6.)	42:29.1 (6.)		
7.	1092	Daniela Spyridoula Cesare	1972	smrun		55:46.5	+9:39.8
			10:17.9 (6.)	25:38.0 (7.)	42:47.5 (7.)		
8.	1163	Doris Junker	1971	smrun		57:19.1	+11:12.4
			11:09.0 (8.)	26:27.5 (8.)	44:01.1 (8.)		
9.	1051	Bettina Bachmann	1969	Necker		1:06:33.0	+20:26.3
			11:59.7 (9.)	29:40.6 (9.)	50:28.8 (9.)		
10.	1089	Christel Burger	1970	Uznach		1:06:43.3	+20:36.6
			12:22.2 (10.)	30:05.2 (10.)	50:49.4 (10.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Männer M50							
1.	1122	Roman Gehrig	1969	SSC Sihltaler Sportclub /smrun		39:22.1	--
			7:17.6 (1.)	18:14.9 (1.)	30:11.4 (1.)		
2.	1258	Stéphane Rust	1970	Uznach		42:23.6	+3:01.5
			7:51.4 (2.)	19:28.3 (2.)	32:37.5 (2.)		
3.	1384	Walter Mezzomo	1969	LAV Glarus		42:37.7	+3:15.6
			8:02.4 (4.)	19:46.3 (3.)	32:38.3 (3.)		
4.	1146	Alexander Heim	1970	Lauf-Treff Buchs / smrun		43:26.8	+4:04.7
			8:33.7 (6.)	20:44.0 (5.)	33:36.5 (5.)		
5.	1125	Magnus Gmür	1971	Kreuzegg Classic		43:40.1	+4:18.0
			8:00.3 (3.)	19:53.2 (4.)	33:14.8 (4.)		
6.	1317	Dan Uebersax	1969	MegaJoule / smrun		45:32.6	+6:10.5
			8:32.8 (5.)	21:00.7 (6.)	34:45.0 (6.)		
7.	1225	Markus Müller	1969	STV Kaltbrunn		45:46.0	+6:23.9
			8:48.4 (7.)	21:21.5 (7.)	35:10.4 (7.)		
8.	1201	Hans-Ruedi Lüthi	1971	LR Mosnang		49:10.7	+9:48.6
			9:05.9 (8.)	22:28.8 (8.)	37:41.5 (9.)		
9.	1208	Marc Mattes	1972	LC ZKB		49:21.9	+9:59.8
			9:38.3 (10.)	22:44.4 (9.)	37:31.2 (8.)		
10.	1396	Patrick Nauer	1972	kcrj.ch		49:42.4	+10:20.3
			9:26.9 (9.)	23:03.8 (10.)	38:07.1 (10.)		
11.	1171	Craig Keogh	1972	Belimo		51:10.4	+11:48.3
			10:02.5 (13.)	23:46.5 (11.)	39:06.0 (11.)		
12.	1402	Bruno Wetter	1971	LR Mosnang		53:33.0	+14:10.9
			9:55.6 (12.)	24:20.3 (12.)	40:54.3 (12.)		
13.	1262	Christian Sager	1971	LAR TV Rüti		54:12.8	+14:50.7
			10:42.8 (19.)	25:29.1 (14.)	41:35.6 (14.)		
14.	1335	Chris Wiederkehr	1973	Eschenbach		54:18.9	+14:56.8
			10:09.3 (15.)	24:42.0 (13.)	41:23.3 (13.)		
15.	1232	Harry Ochsner	1971	Zürich		55:30.4	+16:08.3
			11:09.9 (22.)	25:43.5 (16.)	42:27.2 (15.)		
16.	1099	José Carlos Domingues	1973	CA PORTUGAIS FRIBOURG / smrun		56:12.8	+16:50.7
			10:10.7 (16.)	25:38.7 (15.)	43:10.2 (16.)		
17.	1227	Mario Näf	1970	LR Mosnang		58:07.2	+18:45.1
			10:36.7 (17.)	26:06.0 (19.)	44:17.3 (17.)		
18.	1391	Rolf Forrer	1972	Tann		58:22.4	+19:00.3
			11:59.0 (25.)	28:09.5 (22.)	45:31.1 (21.)		
19.	1115	Marcel Funk	1972	Buttikon SZ		58:35.4	+19:13.3
			10:38.3 (18.)	25:49.9 (17.)	44:20.6 (18.)		
20.	1381	Michael Schröder	1971	Zürich		58:37.1	+19:15.0
			10:55.4 (20.)	26:48.8 (20.)	45:02.0 (20.)		
21.	1314	David Tobler	1972	Ebnat-Kappel		58:45.8	+19:23.7
			10:03.2 (14.)	25:53.6 (18.)	44:23.2 (19.)		
22.	1213	René Meister	1969	LSC Wil		59:28.4	+20:06.3
			11:20.6 (23.)	27:27.3 (21.)	45:51.9 (22.)		
23.	1307	Eric Suter	1973	Auw		1:02:57.1	+23:35.0
			10:59.3 (21.)	28:10.6 (23.)	48:20.5 (23.)		
24.	1389	Armin Hager	1970	Kuster Sport		1:04:46.6	+25:24.5
			11:34.3 (24.)	28:27.9 (24.)	49:31.7 (24.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W55							
1.	1178	Doris Koller	1965	SC Diemberg /smrun		45:19.9	--
			8:14.1 (1.)	20:30.3 (1.)	34:31.4 (1.)		
2.	1409	Christine Altorfer	1964	LSV Frauenfeld		48:45.1	+3:25.2
			9:14.0 (2.)	22:34.0 (2.)	37:34.8 (2.)		
3.	1294	Andrea Steffens	1965	SMrun / LC Meilen Tri Team		51:53.4	+6:33.5
			9:51.9 (4.)	23:58.8 (3.)	39:46.9 (3.)		
4.	1310	Christine Tanner	1964	smrun		54:14.4	+8:54.5
			10:24.2 (7.)	24:59.0 (4.)	41:23.4 (4.)		
5.	1176	Susanne Klöti	1968	LSC Wil		54:44.1	+9:24.2
			10:17.4 (5.)	25:01.8 (6.)	41:59.2 (5.)		
6.	1267	Bernadette Schädler	1965	LSC Wil		55:38.8	+10:18.9
			10:18.0 (6.)	25:21.4 (7.)	42:32.2 (7.)		
7.	1048	Anita Appius	1965	smrun / Team Swiss Emotions		56:06.4	+10:46.5
			9:49.1 (3.)	25:00.7 (5.)	42:18.8 (6.)		
8.	1279	Caroline Schrag	1966	LAR Rüti		56:13.5	+10:53.6
			10:44.5 (9.)	25:54.9 (8.)	42:56.6 (8.)		
9.	1053	Ursula Baer	1967	smrun		58:00.6	+12:40.7
			10:42.0 (8.)	26:14.6 (9.)	44:09.6 (9.)		
10.	1210	Judith Meienhofer	1967	SSC Langnau am Albis, smrun		59:06.8	+13:46.9
			11:06.5 (10.)	27:12.7 (10.)	45:30.5 (10.)		
11.	1312	Kathrin Teuscher	1968	Bäretswil		1:01:56.6	+16:36.7
			12:08.6 (12.)	29:15.9 (12.)	47:56.4 (11.)		
12.	1095	Lisette Costa	1968	smrun		1:03:01.8	+17:41.9
			11:42.7 (11.)	28:42.3 (11.)	48:24.2 (12.)		
13.	1392	Hella Pflüger	1967	LR Mosnang		1:06:42.6	+21:22.7
			12:26.3 (13.)	30:56.4 (13.)	51:31.2 (13.)		
14.	1325	Silvia Von Gunten	1968	smrun		1:33:17.7	+47:57.8
			16:07.3 (14.)	40:37.6 (14.)	1:09:53.6 (14.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Männer M55							
1.	1094	Isidor Christen	1966	LR Gettnau		39:55.8	--
			7:11.5 (1.)	18:11.3 (1.)	30:30.9 (1.)		
2.	1245	Victor Reis	1964	CA PORTUGAIS FRIBOURG / smrun		41:39.8	+1:44.0
			7:50.6 (3.)	19:08.5 (2.)	31:45.7 (2.)		
3.	1394	Christoph Brändle	1968	Laufträff Rapperswil-Jona		42:18.8	+2:23.0
			7:57.7 (5.)	19:21.7 (4.)	32:18.8 (3.)		
4.	1239	Andrea Pileggi	1964	smrun		42:27.1	+2:31.3
			7:38.4 (2.)	19:20.8 (3.)	32:23.3 (4.)		
5.	1151	Bruno Holenweger	1965	Brotzer Sport		43:45.2	+3:49.4
			7:56.8 (4.)	19:52.6 (5.)	33:12.8 (5.)		
6.	1082	André Brunner	1967	smrun		43:53.7	+3:57.9
			8:23.1 (7.)	20:17.4 (6.)	33:35.1 (6.)		
7.	1411	Stefan Winteler	1966	SAC Zindelspitz		44:39.3	+4:43.5
			8:31.9 (8.)	20:46.0 (7.)	34:14.9 (7.)		
8.	1054	Eros Barp	1968	SMRun / Güggeli Sternen, Oberbözberg		45:30.4	+5:34.6
			8:19.0 (6.)	20:53.7 (8.)	34:45.8 (8.)		
9.	1377	Franz Lacher	1964	LG Glarus		47:43.7	+7:47.9
			8:59.2 (11.)	22:02.6 (10.)	36:28.2 (9.)		
10.	1222	Salvatore Mottola	1966	smrun		48:04.6	+8:08.8
			8:49.6 (10.)	21:46.4 (9.)	36:29.1 (10.)		
11.	1158	Agim Ilazi	1968	LG Niederamt / smrun		48:55.9	+9:00.1
			9:12.5 (12.)	22:23.0 (12.)	37:24.2 (11.)		
12.	1067	Andreas Bischof	1968	smrun		49:48.9	+9:53.1
			8:40.2 (9.)	22:05.6 (11.)	37:46.4 (12.)		
13.	1190	Markus Laimbacher	1967	Tower Sports		50:38.1	+10:42.3
			9:37.0 (13.)	23:23.6 (13.)	39:00.3 (13.)		
14.	1404	Stefan Steiner	1964	Basel		50:46.7	+10:50.9
			9:55.4 (15.)	23:56.6 (16.)	39:17.2 (14.)		
15.	1408	Martin Schmidl	1967	LTRWJ / JTRI		51:38.0	+11:42.2
			9:37.3 (14.)	23:53.2 (14.)	39:46.8 (15.)		
16.	1374	Hermann Hartmann	1968	LC Uzwil		51:41.2	+11:45.4
			10:33.9 (18.)	24:49.6 (17.)	40:18.9 (17.)		
17.	1362	Meinrad Kamm	1965	LG Glarus		52:04.1	+12:08.3
			10:05.4 (16.)	23:53.6 (15.)	39:50.9 (16.)		
18.	1386	Beat Hinder	1964	LC UBS / LAV TVU		54:28.5	+14:32.7
			10:11.1 (17.)	24:54.8 (18.)	41:42.7 (18.)		
19.	1216	Dirk Meyer	1968	Cityrunning.ch		58:09.6	+18:13.8
			12:03.2 (21.)	28:09.8 (21.)	45:05.9 (19.)		
20.	1181	René Kottmeyer	1966	smrun		59:02.9	+19:07.1
			11:02.1 (19.)	27:05.2 (19.)	45:21.2 (20.)		
21.	1407	Daniel Vögeli	1964	Hittnau		59:37.6	+19:41.8
			11:34.3 (20.)	27:33.9 (20.)	45:42.3 (21.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W60							
1.	1088	Priska Buob	1962	SMR/WeRun Luzern		49:19.5	--
			8:54.2 (1.)	22:37.0 (1.)	37:40.5 (1.)		
2.	1167	Jacqueline Keller	1962	sm run / LG Horn		50:10.6	+51.1
			9:16.5 (2.)	22:54.5 (2.)	38:08.1 (2.)		
3.	1319	Susanne Ummel	1959	smrun		51:12.9	+1:53.4
			9:39.2 (3.)	23:34.6 (3.)	39:08.1 (3.)		
4.	1246	Giuseppina Remy-De Vito	1959	CA PORTUGAIS FRIBOURG / smrun		52:47.0	+3:27.5
			9:40.0 (4.)	24:02.2 (4.)	40:27.6 (5.)		
5.	1205	Sennhauser-Vera Maria	1960	smrun		52:49.3	+3:29.8
			9:56.3 (5.)	24:10.7 (5.)	40:16.6 (4.)		
6.	1084	Rita Bucher	1960	smrun		53:36.0	+4:16.5
			10:20.9 (8.)	24:40.3 (8.)	40:54.1 (7.)		
7.	1351	Helen Zuber	1961	smrun / LC Uzwil		53:41.9	+4:22.4
			10:04.8 (7.)	24:28.9 (6.)	40:50.7 (6.)		
8.	1160	Maximiliana Itta	1961	Bubikon		54:08.7	+4:49.2
			10:00.1 (6.)	24:39.7 (7.)	41:07.9 (8.)		
9.	1074	Trix Bösch	1961	LR Mosnang		56:13.2	+6:53.7
			10:43.2 (9.)	25:57.3 (9.)	43:12.9 (9.)		
10.	1315	Barbara Trechslin	1963	JTRI		58:59.2	+9:39.7
			11:12.8 (10.)	27:14.0 (10.)	45:20.8 (10.)		
11.	1199	Isabella Lüönd	1959	Alpinrunner.ch		59:15.4	+9:55.9
			11:19.8 (11.)	27:20.1 (11.)	45:42.3 (11.)		
12.	1367	Kordula Datrino	1959	RC Bellinzona		1:00:15.9	+10:56.4
			12:01.4 (15.)	28:23.2 (15.)	46:34.4 (14.)		
13.	1204	Judith Märchy	1960	Zugerlauftreff / smrun		1:00:20.5	+11:01.0
			11:46.6 (14.)	28:17.8 (13.)	46:17.7 (12.)		
14.	1197	Susanne Lips	1963	smrun / Lauftreff Zollikofen		1:00:42.4	+11:22.9
			11:32.0 (13.)	28:04.2 (12.)	46:31.8 (13.)		
15.	1229	Prisca Nemes	1963	smrun		1:04:27.5	+15:08.0
			11:28.9 (12.)	28:19.7 (14.)	49:19.6 (15.)		
16.	1073	Luciana Borsatti	1959	Cityrunning.ch		1:13:26.1	+24:06.6
			13:34.4 (16.)	33:30.7 (16.)	55:58.4 (16.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Männer M60							
1.	1047	Aeneas Appius	1960	smrun / Team Swiss Emotions	41:13.2	--	
			7:37.4 (1.)	18:57.7 (1.) 31:29.5 (1.)			
2.	1187	Johannes Kuratli	1961	LR Mosnang	44:06.9	+2:53.7	
			8:13.3 (2.)	20:09.7 (2.) 33:47.5 (2.)			
3.	1045	Rolf Althaus	1962	smrun	45:53.5	+4:40.3	
			8:16.3 (3.)	20:40.8 (3.) 34:51.0 (3.)			
4.	1318	Beat Ummel	1960	smrun	49:23.8	+8:10.6	
			9:37.9 (7.)	23:03.8 (6.) 37:56.2 (5.)			
5.	1403	Remo Ribary	1959	TRIZO	49:33.0	+8:19.8	
			9:08.1 (4.)	22:42.2 (4.) 37:55.2 (4.)			
6.	1209	Rolf Maute	1960	LSC Wil / Megajoule	49:39.2	+8:26.0	
			9:29.0 (6.)	23:04.9 (7.) 38:09.0 (6.)			
7.	1113	Ulrich Frischknecht	1961	Laufträff Rapperswil-Jona	50:27.1	+9:13.9	
			10:11.9 (14.)	24:04.0 (10.) 39:22.1 (8.)			
8.	1065	Erwin Bertschinger	1962	LC Uster	50:29.1	+9:15.9	
			9:26.4 (5.)	23:00.8 (5.) 38:32.3 (7.)			
9.	1194	Jörg Leimgruber	1963	smrun	51:36.1	+10:22.9	
			9:53.5 (10.)	23:52.7 (9.) 39:38.3 (10.)			
10.	1301	Stefan Strupler	1963	Rüti ZH	51:41.2	+10:28.0	
			9:38.5 (8.)	23:28.4 (8.) 39:28.9 (9.)			
11.	1398	Andreas Hafner	1960	Winterthur	52:55.1	+11:41.9	
			9:59.5 (12.)	24:25.6 (12.) 40:29.9 (11.)			
12.	1397	Markus Blumer	1960	Wermatswil	53:22.2	+12:09.0	
			9:59.0 (11.)	24:18.7 (11.) 40:48.4 (12.)			
13.	1290	Niki Städeli	1959	Zürich	53:52.4	+12:39.2	
			9:48.7 (9.)	24:35.2 (13.) 41:20.2 (13.)			
14.	1139	Herbert Hablützel	1961	LSC Wil	54:06.1	+12:52.9	
			10:15.6 (15.)	24:43.9 (14.) 41:47.3 (14.)			
15.	1043	Klaus Achelwilm	1963	smrun	54:25.7	+13:12.5	
			10:01.9 (13.)	25:07.4 (15.) 42:10.6 (15.)			
16.	1268	Carl Schädler	1963	LSC Wil	55:02.9	+13:49.7	
			10:31.1 (16.)	25:41.8 (17.) 42:29.2 (17.)			
17.	1355	Markus Roth	1962	Albis Reisen	55:19.1	+14:05.9	
			10:32.9 (17.)	25:29.1 (16.) 42:28.2 (16.)			
18.	1352	Ralf Zuber	1960	smrun / LC Uzwil	57:09.0	+15:55.8	
			11:09.2 (19.)	26:26.5 (18.) 43:50.0 (18.)			
19.	1323	Bruno Vogel	1959	SSC Langnau am Albis	57:10.6	+15:57.4	
			10:55.8 (18.)	26:31.0 (19.) 43:59.9 (19.)			
20.	1215	Paul Mettler	1959	smrun	58:25.1	+17:11.9	
			11:11.9 (21.)	27:04.0 (20.) 45:00.0 (20.)			
21.	1265	Giovanni Scarcella	1963	smrun	1:01:22.5	+20:09.3	
			11:10.4 (20.)	27:23.3 (21.) 46:38.1 (21.)			
22.	1091	Franz Buser	1963	SM-Run/STB	1:07:56.8	+26:43.6	
			12:19.4 (23.)	30:52.0 (23.) 51:46.4 (23.)			
23.	1244	Thomas Rehmann	1962	smrun	1:07:56.9	+26:43.7	
			11:58.4 (22.)	29:38.8 (22.) 51:37.8 (22.)			
24.	1116	René Fürst	1960	swiss masters running	1:12:09.0	+30:55.8	
			13:46.4 (24.)	33:28.6 (24.) 55:16.8 (24.)			

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W65							
1.	1166	Monika Kaufmann	1958	smrun		46:54.6	--
			8:33.1 (1.)	21:01.1 (1.)	35:33.7 (1.)		
2.	1328	Jana Waldmeyer	1956	ÇA Gibloux/ SMRun		51:48.2	+4:53.6
			9:34.3 (2.)	23:30.2 (2.)	39:33.9 (2.)		
3.	1096	Romana Crotti	1957	smrun / RC Bellinzona		1:01:28.1	+14:33.5
			12:01.9 (3.)	28:24.4 (3.)	46:59.2 (3.)		
4.	1273	Evelyne Scheuss	1955	LG Niederamt / smrun		1:08:15.4	+21:20.8
			12:55.9 (4.)	31:23.6 (4.)	52:27.1 (4.)		
Männer M65							
1.	1285	Sepp Sidler	1957	smrun		46:54.8	--
			8:32.3 (1.)	21:27.7 (2.)	35:58.9 (2.)		
2.	1238	Gabriel Piccand	1954	CAG Farvagny / smrun		47:20.2	+25.4
			8:39.4 (2.)	21:25.3 (1.)	35:57.0 (1.)		
3.	1330	Gerold Weibel	1958	LG Niederamt / smrun		48:07.0	+1:12.2
			9:10.8 (4.)	22:21.9 (3.)	37:09.0 (4.)		
4.	1266	Christian Schacher	1955	LG Niederamt / smrun		48:13.1	+1:18.3
			9:12.1 (5.)	22:22.0 (4.)	37:08.8 (3.)		
5.	1333	Erwin Wey	1958	Team Reichmuth		49:30.5	+2:35.7
			9:06.0 (3.)	22:40.6 (5.)	38:00.0 (5.)		
6.	1162	Markus Jud	1958	smrun		51:35.0	+4:40.2
			9:25.8 (6.)	23:28.5 (6.)	39:22.0 (6.)		
7.	1174	Steve Kirk	1956	Bellikon		52:24.3	+5:29.5
			9:38.0 (7.)	23:51.8 (7.)	39:59.3 (7.)		
8.	1152	Edi Huber	1955	Laufträff Rapperswil-Jona		52:31.7	+5:36.9
			10:04.5 (9.)	24:27.8 (8.)	40:37.3 (9.)		
9.	1289	Thomas Spahr	1956	smrun		54:25.9	+7:31.1
			10:27.1 (11.)	25:03.8 (11.)	41:53.2 (10.)		
10.	1200	Martin Lüönd	1957	Alpinrunner.ch		54:54.6	+7:59.8
			10:32.9 (13.)	25:23.4 (13.)	42:09.3 (11.)		
11.	1242	Andres Rando	1955	smrun		54:57.6	+8:02.8
			10:32.5 (12.)	24:31.7 (9.)	40:30.8 (8.)		
12.	1110	Renè Freiburghaus	1954	smrun		55:19.3	+8:24.5
			10:03.2 (8.)	25:22.4 (12.)	42:21.4 (12.)		
13.	1233	Dieter Paul	1958	LSC Wil		55:48.1	+8:53.3
			10:17.1 (10.)	24:59.8 (10.)	43:05.4 (13.)		
14.	1161	Claude Jeanneret-Grosjean	1955	smrun		1:04:09.1	+17:14.3
			11:41.3 (14.)	29:39.6 (14.)	49:12.5 (14.)		
15.	1322	Bernhard Voegeli	1958	Lauf-Treff Buchs / smrun		1:09:23.6	+22:28.8
			13:08.8 (15.)	31:33.7 (15.)	52:57.4 (15.)		
16.	1345	Norbert Wyser	1956	Tempo Sport Horgen		1:14:59.8	+28:05.0
			13:32.1 (16.)	33:09.9 (16.)	57:13.1 (16.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Frauen W70							
1.	1270	Irena Schär	1949	LSC Wil		55:17.5	--
			10:04.8 (1.)	25:13.7 (1.)	42:18.6 (1.)		
2.	1072	Elsbeth Borer	1952	smrun		55:57.8	+40.3
			10:35.4 (2.)	25:44.4 (2.)	42:51.2 (2.)		
3.	1288	Maria Soldini	1952	smrun / RC Bellinzona		57:38.6	+2:21.1
			10:54.0 (3.)	26:28.1 (3.)	44:11.0 (3.)		
4.	1159	Liselotte Illi	1950	smrun, LSV Kloten Bassersdorf, Track Club		58:08.7	+2:51.2
			10:59.1 (4.)	26:48.3 (4.)	44:28.5 (4.)		
5.	1221	Monika Mosimann	1950	smrun		1:21:35.7	+26:18.2
			15:01.1 (5.)	36:33.6 (5.)	1:01:30.3 (5.)		
Männer M70							
1.	1311	Bernard Terreaux	1952	CAG Farvagny / smrun		45:37.4	--
			8:28.9 (1.)	21:05.8 (1.)	35:03.2 (1.)		
2.	1129	Peter Gschwend	1952	run and smile		47:15.2	+1:37.8
			8:45.9 (2.)	21:49.8 (2.)	36:11.0 (2.)		
3.	1124	Leo Giger	1950	Buswil		47:56.6	+2:19.2
			9:03.4 (3.)	22:08.8 (3.)	36:29.6 (3.)		
4.	1395	Alois Wick	1953	MegaJoule		49:20.9	+3:43.5
			9:11.9 (4.)	22:43.7 (4.)	37:46.5 (4.)		
5.	1120	Peter Gassmann	1949	smrun		51:46.6	+6:09.2
			10:00.7 (5.)	24:14.1 (6.)	39:42.2 (5.)		
6.	1378	Karl Stritt	1950	LATSENSE / smrun		52:22.1	+6:44.7
			10:01.0 (6.)	24:04.8 (5.)	39:55.2 (6.)		
7.	1329	Andreas Wälti	1952	ASVZ		55:31.3	+9:53.9
			10:12.3 (7.)	25:29.4 (7.)	42:34.3 (7.)		
8.	1340	Ruedi Wirz	1952	Alpinrunner.ch		55:52.2	+10:14.8
			11:03.1 (9.)	26:05.8 (8.)	42:54.7 (8.)		
9.	1370	Markus Rupp	1953	Live Plus d. rupp		58:09.6	+12:32.2
			10:52.8 (8.)	26:36.3 (9.)	44:34.2 (9.)		
10.	1375	Herbert Huber	1953	Stetten		58:48.9	+13:11.5
			11:04.9 (10.)	26:53.0 (10.)	45:01.0 (10.)		
11.	1247	Charles-Henry Remy	1953	CA PORTUGAIS FRIBOURG / smrun		1:06:54.2	+21:16.8
			12:25.3 (11.)	29:47.8 (11.)	50:12.3 (11.)		
Frauen W75							
1.	1118	Stefica Gajic	1948	SMRUN, LC UBS		52:55.2	--
			10:12.0 (1.)	24:29.3 (1.)	40:31.2 (1.)		
2.	1309	Siew Tan	1946	smrun		1:09:33.3	+16:38.1
			13:22.2 (2.)	32:05.4 (2.)	53:24.2 (2.)		

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Rang	Startnr.	Name	Jahrg. Verein			Laufzeit	Rückst.
			2 km	4.8 km	7.9 km		
Männer M75							
1.	1269	Ruedi Schällibaum	1948	LSV K-B / smrun		48:02.8	--
			9:11.1 (1.)	22:13.7 (1.)	36:50.0 (1.)		
2.	1371	Max Schaad	1948	Schaffhausen		51:30.5	+3:27.7
			9:53.0 (2.)	23:59.7 (2.)	39:26.1 (2.)		
3.	1189	Martin Kuster	1946	Bäretswil		57:40.4	+9:37.6
			10:47.6 (3.)	26:31.3 (3.)	44:32.8 (3.)		
4.	1368	Sergio Datrino	1947	RC Bellinzona		58:25.3	+10:22.5
			10:50.2 (4.)	26:43.1 (4.)	44:34.7 (4.)		
5.	1324	Hans von Gunten	1944	smrun		1:02:02.2	+13:59.4
			11:47.4 (6.)	28:30.1 (5.)	47:36.0 (5.)		
6.	1274	Viktor Schibig	1948	smrun		1:04:16.2	+16:13.4
			13:46.6 (8.)	31:49.3 (8.)	50:31.2 (8.)		
7.	1046	Bernhard Andrist	1946	smrun, running.li		1:04:41.5	+16:38.7
			11:18.5 (5.)	29:23.3 (6.)	49:29.9 (6.)		
8.	1114	Armin Fuchs	1944	LSC WIL/ SMRUN		1:05:31.8	+17:29.0
			12:03.4 (7.)	29:51.7 (7.)	50:25.8 (7.)		
9.	1234	Salvatore Petrulli	1946	CA PORTUGAIS FRIBOURG / smrun		1:22:11.6	+34:08.8
			14:59.5 (9.)	38:47.5 (9.)	1:04:04.4 (9.)		
Männer M80							
1.	1093	Bernardin Chavailleaz	1943	CAG Farvagny/smrun		59:11.2	--
			11:11.3 (1.)	27:21.7 (1.)	45:14.3 (1.)		
2.	1260	Gregorio Sablone	1937	smrun		59:23.3	+12.1
			11:28.1 (2.)	27:28.9 (2.)	45:21.8 (2.)		
3.	1373	Alois Wiederkehr	1943	smrun		59:47.0	+35.8
			11:37.9 (3.)	27:55.9 (3.)	45:50.7 (3.)		
4.	1334	Paul Widmer	1939	smrun		1:05:41.9	+6:30.7
			12:08.0 (4.)	29:49.8 (4.)	50:21.8 (4.)		

Anzahl Teilnehmer: 281